In our first coaching session, we will discuss this covenant so that we have a mutual understanding about how we will best work together.

**Building an Inner Healing Covenant**

**Purpose:** Inner Healing addresses relational issues, hurts, and traumas of the past that impact life in the present. People are positioned in the healing presence of the Lord Jesus Christ to experience his unconditional love in places where growth is blocked, emotional wounds hinder, and wholeness is not fully experienced. Wounds, lies, disturbing emotions, and dysfunctional behaviors are processed through experiential encounters with the Lord resulting in significant healing and hope. People experience Christ’s love for them, his joy in their unique gifts and abilities, and his desire to bring them peace, restoration, and reconciliation.

**Values:** Our relationship will be characterized by the following values:

1. Honesty — we will speak the truth in love.
2. Confidentiality — issues and concerns, within the bounds of the law, will not be shared outside this relationship without permission.
3. Authenticity — we will openly share as needed both personal and professional matters.
4. Punctuality — we will be prompt for all appointments and calls out of respect for each other.
5. Preparedness — we will seek to complete assignments and be prepared in advance of each appointment.
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ —\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ — \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Fundamentals:** These will be the core understandings which guide our relationship.

1. The focus will be on your needs. We will talk about what is most important to you.
2. You can share without fear of rejection or judgment.
3. A primary skill you will learn is to see what God is doing to make you more like his Son, Jesus.
4. You will be positioned to experience God’s healing and transformation.
5. God is the cure giver; the Inner Healing Facilitator is the care giver.
6. You will not be manipulated or coerced to do anything. Any actions you take are solely your desire and intent. Inner Healing allows you to take the initiative to become a more whole and empowered Christian with support.
7. Inner Healing is about your freedom in Christ to take action and make changes.
8. Inner Healing calls you to stretch to new horizons of growth.
9. The Inner Healing relationship can be concluded by either person.
10. In the event of disagreement, we will openly address the issue and work for resolution.
11. All appointments are made using Eastern Standard Time.
12. Payments to are due at the end of the session. Preference is for a check, cash, or Zelle payment if it’s available through your bank. Use of PayPal or credit card will include a 4% convenience fee.
13. Sessions that extend beyond the normal 60-minute time will be charged on the basis of the minutes accrued using the hourly rate.
14. If appointments are not in person, checks should be made out to *Living Water LLC* and mailed to 7223 Ashmoore Avenue NW, North Canton, OH 44720*.* If checks are returned unpayable, the payer will be charged any bank fees assessed to Living Water plus a $40 processing fee.
15. Most insurance companies cannot be billed for these services.
16. At designated appointment times, I will wait on you for 10 minutes and then move on, considering that you have missed the session. See the Client Information document for more detail on missed appointments.
17. Please sign and send a completed covenant back to me after the first session for filing. Keep a copy for yourself.

**Negotiables:** We will decide together the following:

1. How often we will meet
2. Length of each session
3. Scheduling of appointments
4. How we will communicate: phone, Zoom, and/or in person
5. How often we will review our relationship and renegotiate this covenant
6. What your desired outcomes are for our Inner Healing conversations
7. Although we follow the leading of Jesus Christ in all Inner Healing sessions, it may assist you to get the most from our time together by thinking about and/or preparing your responses to the following questions:
   1. What successes and wins have I had since our last session?
   2. What challenges have I experienced, and how have I managed them?
   3. What shift or new awareness have I experienced?
   4. What is the outcome I want from this Inner Healing session?
   5. What do I want by the next Inner Healing session?
8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ —\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ — \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Before God and each other, we commit ourselves to this Inner Healing relationship.

Signature of Person Receiving Inner Healing: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Inner Healing Facilitator’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you for agreeing to this covenant for our effective work together. Please email or fax me a copy.

Sincerely,

*David M. Oliver*